



1 day in Lyon

**ONLY
LYON**
TOURISM AND CONVENTIONS

One day in Lyon?

While you're here, make sure you...

— Discover Lyon in a respectful way

Make your stay in Lyon sustainable, thanks to local service providers engaged in an **environmentally responsible approach**. Hotels, restaurants and activity organisers offer you a memorable experience that respects the environment and local residents. The Tourist Office carries out mediation actions to raise visitors' awareness of respect for residents when exploring courtyards and *traboules* (hidden passages) located in private buildings.



— Leave a small footprint in Lyon

There are various green options to get around Lyon, a city on a human scale. The city's public transport network and bicycle hire scheme provide easy access to all the tourist sites and attractions. Ride along the banks of the Rhône and Saône, or cycle up Lyon's hills with electrical assistance!



— Visit a museum

From the invention of the cinematograph to the capital of the French Resistance, the ancient history of Lugdunum and fine art masterpieces, **30 museums reveal Lyon's many facets**. As a family, with friends, or as a couple, delve into the history of humanity, get an up close look at film sets and props from blockbuster flicks, and make the most of our **Lyon City Card** including free admission to the city's museums.



— Bring back a typical souvenir

Whether it's Saint-Exupéry's Little Prince, a silk square scarf, a gourmet souvenir or an Olympique Lyonnais football scarf, bring a little piece of Lyon home in your suitcase. Keep an eye out for the **"Fabriqué à Lyon"** (**Made in Lyon**) label that promotes local products.





— Step out into the Lyon metropolitan area

Bringing together **58 towns**, Greater Lyon offers many countryside walking paths that can be accessed by public transport, as well as a range of **classic and original attractions**.

Take the opportunity to wander off the beaten track.



— See the sights of the Auvergne-Rhône-Alpes region

Lying at the heart of a region that is reputed for its **varied landscapes**, **Lyon is the ideal starting point** for a day out in the Beaujolais, a trip to Drôme Provençale, or a sporting excursion to the resorts of the Alps just a couple of hours from the city.





MORNING

Exploring food



Soak up the morning buzz at **Les Halles Paul Bocuse** indoor food market – Lyon's temple of gastronomy – as you sample **local produce and specialties**, including cooked meats, cheeses, wines, pastries and more. Take time to chat with the passionate producers and treat yourself to a gourmet food shopping session!



LUNCH

Flavours of Lyon



Step into a **Lyonnais bouchon** for an authentic, traditional dining experience, including delicacies like *pâté croûte* (meat pie), *quenelles* (dumplings) and praline tart. These local eateries are just the place to share a good, honest meal in a friendly, laid-back atmosphere.





2 PM

A jaunt from Fourvière to the old town



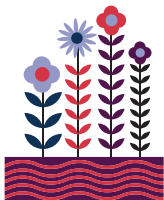
Spend the afternoon visiting a fascinating **UNESCO site**. Start by taking the funicular up the hill to Notre-Dame de Fourvière Basilica, where you can enjoy a **splendid panoramic view of the city**.

Next, stroll down the hill through the gardens. Stop at the ancient theatres on your way to the cobblestone streets of *Vieux-Lyon* (Old Lyon) with their **Renaissance architecture**.

You can discover the
district's gems on one of
our guided tours.







4 PM

A stroll in Croix-Rousse

Cross the river Saône to explore the hill of Croix-Rousse and its high-ceilinged apartments built to house the enormous looms used by the **Canuts, Lyon's historical silk workers**. Visit a former silk workshop to learn about the art of silk weaving and finishing. As you descend the slopes, through *traboules* (hidden passages) and inner courtyards, keep an eye out for the many amazing murals and **ephemeral works of street art**.



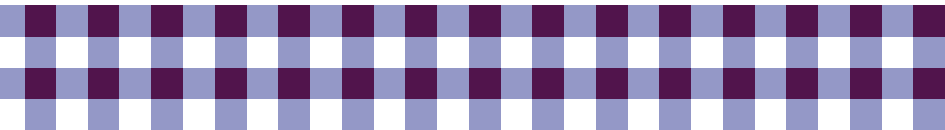




DINNER

Meal with a view

Give in to the temptation of a **gastronomic restaurant** looking out over the city, to take in Lyon's landmarks lit up by the evening lights and enjoy a delightful meal with a view.







EVENING Immersion in culture

Make the most of Lyon's cultural offering, including **opera, dance, theatre, live music** and **festivals** that make the city tick all year round. From classical works to the new contemporary scene, Lyon caters to all tastes.





Our team will be delighted to meet and talk with you!

Are you a tourism professional?

Contact us at tourandtravel@lyon-france.com

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— Brochure to download on:



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